

## Gamification for water utilities

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#### Agenda

- Gamification and how it works
- Gamification as a strategy for water demand management
- Example SmartH2O project:
  - Overview of applied incentive model
  - First results

## Gamification & how it works



## "The use of game design techniques and game mechanics to enhance non-game contexts"

S. Deterding, M. Sicart, L. Nacke, K. O'Hara, and D. Dixon, "Gamification. Using game-design elements in non-gaming contexts"

Game-like elements should trigger specific behaviour (motivation to complete tasks)

Points Leaderboards Achievements and badges

- Motivation and feedback mechanisms are integrated into "serious contexts"
- Related concepts: Persuasive Games, Serious Games, Gameful Interaction Design, Games with a purpose (GWAPs)

## Examples of gamification



#### Source: LinkedIn





Source: Khane Academy



#### Source: Duolingo



Source: Foursquare

*Points* or *Player Scores* are a numerical value that represents a measure of the skill of a user.

- Immediate and lasting feedback
- External display of progression
- May determine the win state
- · Connection between progress in the application and rewards



Source: Treehouse



#### Source: Researchgate

#### Galli, L., Fraternali, P. "Achievement Systems Explained" SGSC2012, Singapore

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Werbach, K. & Hunter, D. For the Win: How Game Thinking Can Revolutionize Your Business, Wharton Digital Press, 2012

#### Game-like elements

A *Leaderboard* is an ordered list of players based on the scores they have obtained in a specific game or system.

- Relates the performance of a player to the others
- Fosters competition and participation
- Risky: May be demotivating





Source: SAP Success factors

Galli, L., Fraternali, P. "Achievement Systems Explained" SGSC2012, Singapore

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*Werbach, K. & Hunter, D. For the Win: How Game Thinking Can Revolutionize Your Business, Wharton Digital Press, 2012* 

An *Achievement* is a set of tasks, defined by a designer, for the user to fulfill so to achieve a milestone and track the progress in a system.

Leaderboards

Points

A *Badge* is an artifact associated to the completion of an achievement and given to a player after its completion, or, in gaming terms, after "unlocking the achievement".

- Define goals
- Onboarding tool
- Visual markers for reputation,
- Provide lasting rewards



Achievements and badges

### Gamification market

#### **Market Size and Projections**



(in millions)	2011	2012	2013	2014	2015	2016
Total	\$100	\$242	\$522	\$980	\$1,707	\$2,830



Source: M2 Research

Source: Gartner

### Is it working? Case Study – Samsung Nation

#### **Samsung Nation**



#### Early Adopter Sweepstakes

Welcome to Samsung Nation

Samsung Nation is the exciting new social loyalty program where you

Let's Round Up Everyone



Register to unlock the Early Adopter Badge and a chance to win a Galaxy Tab 10.1. Register now.

Offer Details





Have you posted a product review to unlock the Star Badge? You could win a MultiView MV800 Digital Camera! Offer Details

#### **Samsung Nation**

#### **Purposes:**

Samsung Nation, a social loyalty program that lets users earn badges for activities as writing reviews, watching videos and compete for rewards.

#### **Results:**

- 500% increase in customers product reviews
- 66% increase in site visitors
- 30% increase in comments
- reduced marketing costs
- reduced product support costs

#### Is it working? Case Study – Gamification in the SAP Community Network (SCN)

- SCN started in 2003 as an SAP developers network
- At first typical online community problems occured
- 2004 Integration of a points system for the participation in forums (knowledge exchange, support for other members)
- 2006 introduction of a "top contributors" list (leaderboard)
- 2009 Implementation of a mentor program
- 2011 update of existing elements
- Points and levels have significantly attributed to fostering participation and knowledge exchange
- Unexpected result: Status (reputation) in the SCN wasn't just used inside SAP but also externally (CV, LinkedIn) and for other organisations



# Case Study – Gamification in the SAP Community Network (SCN)



Source: Lusher, C. (2013): Case Study: Gamification at SAP Community Network

#### Results SAP Community Network





Source: Lusher, C. (2013): Case Study: Gamification at SAP Community Network

### Is it working? Gamification in literature

• Literature review by Hamari et al., 2014:

Table 4. Effects reported in quantitative studies

Results	Paper
All tests positive	[13][37]
Part of the tests	[8][10][12][14][15][16][18]
positive	[22][23][25][27][32][33]
All tests not	-
significant	
Only descriptive	[2][4][17][20][21][36][41]
statistics	

## The majority of the reviewed studies did yield positive effects/results from gamification.

The studies bring forth two main aspects to be considered:

- 1) the role of the context being gamified, and the
- 2) qualities of the users

### Criticism of gamification

- Short term effects
- Not every process or every activity is equally suitable for gamification
- Sometimes processes may have to be restructured to be gamified
- Gamification alone is often not efficient enough
- Little attention has been paid to the gamification process (incl. selection of suitable game dynamics and mechanics)
- Marketing Hype
- Pointsification

# Gamification as a strategy for water demand management

Water demand management: a case study

## • The problem



Source: Draft Water Resources Management Plan, 2014

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#### Water demand management: a case study



Two main challenges

 How to present consumption information and convey its meaning to users?



 How to enable and motivate consumers to change their consumption?

#### induce & sustain behavior change



#### Playful appliance-based water consumption feedback

Displays attached to water appliances, assuming that feedback is most effective when delivered close to the cause of the consumption (Kappel & Grechenig, 2009):

- *Waterbot* displaying water consumption to at the tap in the kitchen (Arroyo et al., 2005)
- Shower Calendar showing the water consumption of household members on a calendar display in the shower (Laschke et al., 2011)
- Amphiro on-shower device combines in-shower visualisation with reports viewable on web-based and mobile apps (Tiefenback et al., 2014)



Commercial SaS products like WaterSmart: customer engagement and data analytics platform

- Personalized WaterScore every billing period
- Social norm-based, comparison of water use with similar households
- Data insights to improve understanding of water use
- Customized, water-saving recommendations
- Targeted communications and utility messages



ict4water.eu sustainable water demand management

- WATERNOMICS project
  - Integration of personalized feedback on water consumption
  - Data from sensors and fault detection algorithms
  - Interactive water information services: Enabling visual dashboards, Decision support systems for water saving, Games and interactive learning applications
    (Clifford et al., 2014)
- WISDOM project WISDOM
  - Aims at behavioural change in water consumption
  - Near real-time consumption feedback on an in- home display
  - Virtual game

(Terlet et al., 2016)

• SmartH2O project



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Integrated Support System for Efficient Water Usage and Resources Management









## Gamification in the SmartH2O project



SmartH2O: An ICT platform to leverage social computing for the efficient management of water consumption

- High-resolution water consumption data
- Interaction with customers for humancentered design, awareness campaigns & socio-psychographic data gathering
  - Innovative water demand management strategies: customized feedback and rewards



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Gamification and visualization

**SmartH2O project** goes beyond social comparison and rebates by combining visualisation and saving tips with personal, social, virtual & physical rewards







#### consortium

Scuola universitaria professionale della Svizzera italiana

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#### **Consumer Portal**

- Awareness
- Feedback

#### **Engagement & Behavior Change**

**Recommendations** 

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Goals, Achievements, Rewards



Consumption patterns detection



## Changing household water behaviour

Changing water consumption behaviour is perceived as a multistage process Different stages, different needs, different incentives



Transtheoretical model of behavioural change (Prochaska & Di Declemente, 1992)





Virtual, social, physical rewards

Hybrid online and card games



Prototyping & user feedback

- SmartH2O objectives: Reduce water consumption, raise awareness
- Application for water utility customers
- 2 case studies:



## VALENCIA | ES

~490,000 smart water meters installed

Requirements specification SH<sub>2</sub> **Technology** User pull push water consumers and utilities



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# Raising awareness through gamifying consumption



- Prototype was discussed in a workshop session with 30 local residents in a Swiss municipality
  - More pragmatic users should be considered

First visual prototype of the **gamified portal** 

- Gamified application connected to a user's smart meter
- User actions earn points, badges and rewards
  - Leaderboard, neighborhood map, teams





#### Differentiating pragmatic and hedonic scenarios and users



#### Gamified portal (opt-in): + gamification and social features



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# Designing actionable consumption visualizations

- Interactive layered visualization at different levels of detail
- Addressing data & time granularity, different consumption comparison and measurement units
- Embedded actionable tips
- Water pipe metaphor: self-comparison, goal-comparison





## Case study differences in incentive model

#### Swiss case study (400 households)

• Reward market place





#### Amphiro b1

The Amphiro b1 gives you real-time consumption feedback in the shower on the used water and energy amount and the current temperature, and sends the information via Bluetooth 4.0 to your mobile device See product website

#### Spanish case study (400'000 households)

- Different reward types:
  - Onboarding
  - Competition-based



#### Be the first in the 7day leaderboard to win a ticket to the Oceanografi

At the end of each week, SmartH2O announces the winner of last week's 7-day leaderboard, who gets a free ticket to the Oceanografic. If you are the lucky winner, you will receive an email notification, and you can claim your free ticket below. So start saving water and collect points on the portal to make it to the top.

 <b>8</b> 0	Isabel 750 Paints
80	Andrea Bit Paints
<b>8</b> 🖗	Giorgia BBI Palette



#### Ticket to the Oceanogràfic museum

Visitar el mayor parque marino de Europa donde podrás realizar una apasionante travesía a lo largo de los ecosistemas marinos más importantes del planeta. Belugas, delfines, tiburones y pingüinos te esperan para descubrirte los secretos del mar.





## SmartH2O portal

Current meter reading 137.435 m<sup>3</sup> SH<sub>2</sub>  $\bigcirc$ V Tips Consumption Household profile **Your Achievements** 12,950 HOUSEHOLD CONSUMPTION Total points Your past actions ~ LIII Detailed consumption Overview Achieved Available This is how much you Well done! Badges Rewards in 1 year if you meet keep your current water saving efforts 63 Q. **Eager for more points?**  $4m^3 = 4000$ 100 points Read a tip Learn to save water with our > Base value practical tips 1195 I week total Stay below to meet your goal and earn points 22 Leaderboard 420 I ~ below your goal Leaderboard 7 📴 Ella 8 🔘 Chiara 26,6 bath tuk



## Drop! The Question mobile game

#### https://play.google.com/store/apps/details?id=it.polimi.sh2o.drop

- Water trivia quizz app
- Users earn points for correct questions
- Syncs with SmartH2O portal
- Can be played as stand-alone app or with Drop! card game:
  - Lily and the water waster monster
  - QR code on monster cards
  - Scanning and responding correctly: bonus points





## First results from the SmartH2O validation

Novak, J., Melenhorst, M., Micheel, I., Pasini, C., Fraternali, P., Rizzoli, A.-E., 2016. Behaviour change and incentive modelling for water saving: first results from the SmartH2O project, Proc. of iEMSS 2016 – 8th International Congress on Environmental Modelling and Software, Toulouse. Vol. 3, pp. 776

http://www.iemss.org/sites/iemss2016/vol3.php



Validation: two case studies

#### Two real-world deployments of the SmartH2O platform

- Swiss case study (Tegna): small-scale validation
  - testing and tuning of the incentive model and gamification techniques
  - testing the measurement infrastructure, system and user acceptance
- Spanish case study (Valencia): large-scale validation
  - full-scale operational roll-out of a new EMIVASA customer service
  - validation of SmartH2O real-world impact in water saving

LOCARNO | CH ~400 smart water meters installed



~490,000 smart water meters installed



## Validation: approach



• Technology acceptance on portal level and use-case level

• Behaviour on the portal

Operationalization of awareness: water consumption determinants (Theory of Planned Behaviour) Comparison of smart meter readings against baseline





## Swiss case study: First results

## **Preliminary results in water consumption reduction** First results of portal with visualisations and tips, but without gamification

Consumption class	No. of users	Average reduction	
Low	10	41.2%	
Medium-low	22	26.9%	
Medium-high	10	41.2%	
High	1	21.2%	
Overall	43	33.8%	

Average reduction over 3 month period (1 Nov 2015 to 6 Feb 2016) vs. baseline (readings start - Oct 31 2015)

Seasonal influences account for 25-30% of the reduction



## Swiss case study: First results

#### Status:

- 49 registered users
- 46 for the Drop! Game

### Positive technology acceptance results

- Performance expectancy
- Effort expectancy
- Attitude towards technology

(UTAUT, Venkatesh et al., 2003)

Technology acceptance results for visualisations and water saving tips, not for gamification (yet)





Swiss case study: Preliminary gamification results

## Data show promising lead user activity on the platform, including interaction with gamification, already after short time

- Peak activity after initial incentives and rewards
- Activity level remains constant after initial peak
- Users interact with gamification elements (e.g. badges, rewards)

	Daily activity of lead user A (total logins = 176)			
	No. Of log	ins	Badges Profiling	Badges Water Saving Insights
25 -				
20 -	-2 Water saving	30.	12.15	
15 -	insights badges	3 R	eward claims	
10 -	- 3 Profiling badges		ater saving ghts badge	
5 -	Sign-up 22.12.15			nundelle herd herde
0 +	131115 151215 131215 131215	27.72.15	0301.18 1001.18 1101.18 240	16 31.01.16 01.02.16 14.02.16 21.02.16





## Spanish case study: First results

## **Current recruitment results**

- SmartH2O users:
  - Promotion via e-mail and paper bill
  - 344 users
  - 295 (87%) filled out baseline awareness questionnaires

## • Control group:

- Call center
- 204 answered to baseline awareness questionnaire
- Continuous promotion campaign for scale-up
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Conclusion and next steps...

#### Conclusion

- Behavioural psychology was used to construct a gamified incentive model for a real-world application to save water, offering support to users across the behavioural change process.
- Initial promising findings were found in a small-scale pilot

#### **Future work**

- Large-scale validation in Valencia with potentially ~500k households, featuring:
  - experimental comparison of SmartH2O vs. a control group
  - the currently presented system, extended with social sharing features
  - supported by promotion campaigns to recruit users

Novak, J., Melenhorst, M., Micheel, I., Pasini, C., Fraternali, P., Rizzoli, A.-E., 2016. Behaviour change and incentive modelling for water saving: first results from the SmartH2O project, Proc. of iEMSS 2016 – 8th International Congress on Environmental Modelling and Software, Toulouse.



## Conclusion and next steps...

- New release will include:
  - Mobile app
  - Weekly digest
  - Social sharing features:
    - Facebook
    - Twitter
    - E-Mail
  - Neighbourhood comparison



## Thank you.

http://www.smarth2o-fp7.eu/ ©smartH2Oproject

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- Gamification and how it works
- Gamification for demand management
- Main Challenges:
  - How to increase awareness
  - How to induce & sustain behavior change
- Experiences from the SmartH2O project & demo
- First results from the SmartH2O project



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